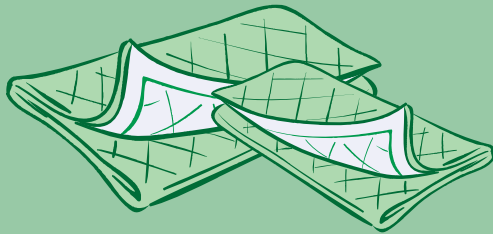




Playing with babies is a great way to encourage bonding and attachment. Peek-A-Boo is a game that all infants and toddlers love to play.

Supplies

- ★ A large blanket or comforter
- ★ A smaller blanket



Peek-A-Boo

Skills Children Learn: Object permanence, Language development, Social skills

Directions

- 1 Prepare for the activity by placing a large blanket or comforter on the floor to define the space for infants.
- 2 Once the child is comfortable in the space, begin a simple game of "Peek-A-Boo." Hide behind the smaller blanket for a moment, and then come out from behind saying, "Peek-A-Boo, I See You!"
- 3 Repeat this game over and over. Through repetition, infants and toddlers will learn that even though they can't see a person in front of them, it doesn't mean that he/she is gone forever.

Tips For Mixed Ages: For 1- 2 year olds, you can begin to introduce names and vocabulary that is more complicated, such as, "I wonder where 'so and so' is? Did he go home?" You can also hide objects such as toys under the blanket and then make them appear.

Note: For children with learning disabilities, hiding under a blanket or not being able to make the connection that there is an adult under the blanket, can be traumatic. If that is the case, the adult should gauge when and how much to involve them in this activity based on their abilities and tolerance level.



Major funding provided by



A production of KCET/Los Angeles in association with Sesame Workshop.
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